

# HARMONY

The Official Newsletter of ATMA Foundation



Flagoff of the mobile digital classroom of the ATMA Digital and Financial Empowerment Centre by Hon. District Collector Smt. Haritha V Kumar IAS at Govt. Vocational HSS, Ayyanthole.

#### **INAUGURATION OF DIGITAL CLASSROOM**



ATMA Foundation's mobile digital classroom was flagged off by District Collector Ms.Haritha V Kumar IAS on November 29th. ATMA Foundation Director Mr. C.K Suresh presided over the function, held at Ayyanthole Government Vocational Higher Secondary School. Mr.N.Prasad, Divisional Councillor, SBI Regional Manager Ms. Srinita Nair, Canara Bank Regional Manager Mr.Rajesh, School Principal Dr.Gini George and Mr.V.K.Ramachandran addressed the gathering. Our sincere gratitute to Singapore Red Cross!!

	CONTENTS	
2	3	4 - 5
INAUGURATION OF DIGITAL CLASSROOM	FOUNDER'S MESSAGE	ATMA DAFEC ATMA SPC
6	7	8
SPC AWARENESS CLASS ATMA GURUKULAM	ATMA UYARE	NUTRITION KITS ONLINE WEBINAR ATMA RCHD

#### **FOUNDER'S MESSAGE**

#### Salutations!

November had been an active month for ATMA! The inauguration of ATMA SPC (Service Providing Centre under the Protection of Women from Domestic Violence Act) is an important landmark in the ATMA story.



The Centre, under the Ministry of Women and Child Development, will assist women suffering from domestic violence at different levels. We have also started the Family counselling Centre at the new premises at Palakkal. Another important event was the flag off ceremony of the 'Travelling Classroom' of the ATMA DAFEC, held with our honourable district collector as the chief guest. Everything is getting back to the normal. Our efforts to involve more volunteers and giving them more responsibilities are also working out well.

My personal appeal to all my good friends is 'Be Aggressively Good!!! Contribute more!

Let us do more.. together..

Love

C K Suresh

# ATMA DAFEC



There were a total of 6 sessions on digital and financial literacy in the month of November 2022. There was 1 session at Kodakara panchayath, 2 sessions at Mattathur Panchayath, 2 sessions at Mulankunnathukavu panchayath and 1 session at Nenmanikkara Panchayath.



#### ATMA SPC



Our new project ATMA SPC & FCC was officially inaugurated by P K Davis Master (Thrissur Jilla Panchayath President) and the official brochure release was done by Shibu T V ( C I of Cherpu police station). Welcome speech for the inauguration was delivered by C K Suresh, director and founder of ATMA foundation, presidential address was given by Smt Geetha Sukumaran( Vice President, Avinissery Grama Rosily Joy (Member of Block Panchayath) , panchayath), Meera P (District Women and Child Development Officer), Lekha S Women Protection Officer), Gretta Kurien (CDPO Cherpu), Lakshmi Vinod (President of Inner wheel club Thrissur) delivered felicitation speeches and we concluded with vote of thanks by Adv Gayathri T D (Legal Advisor, ATMA SPC)

#### **SPC AWARENESS CLASS**

Awareness classes were held at Vaidyaratnam Ayurveda College Ollur on 15th Nov 2022 and at Saghav Elayath Road residence association on 29th Nov 2022 on the topic "Protection of Women under Domestic Violence Act".



#### ATMA GURUKULAM

- Students attended regular dance classes taken by Ms. Ragi and music classes by Satyabhama teacher.
- Students attended value education classes by Devika ji and English classes by Sakhi teacher.
- Adithya won 1st prize for story writing in the school youth festival.
- Chinchina got Swami Chinmayanandha professional education scholarship.
- Adithya won A grade for story writing in sub district HS level competition.

## **ATMA UYARE**

100 classes were held in the month of November. On 9th Wednesday ATMA Foundation director Sri. C.K. Suresh and UYARE coordinator visited Sukrutham Koottukudumbam, Edavilangu and on 14th Monday they visited Sanjeevani Balikasadanam, Urakam and with children, staff and institutional interacted authorities.

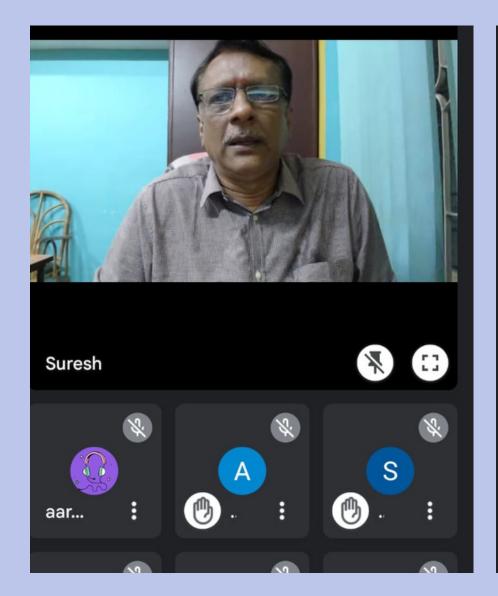


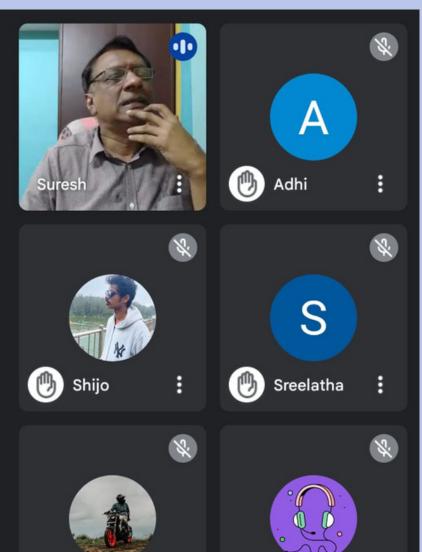
On 12th & 13th the coordinator attended a leadership camp for children organized by Balavikasakendra Samanwaya Samithi and interacted with children and authorities from around 55 institutions. She has also given UYARE orientation.



A meeting of UYARE volunteer teachers was held on November 22nd Monday

# **ONLINE WEBINAR**





An online webinar was organized for social work students on the topic "Social Work; An NGO perspective" by ATMA Foundation director C K Suresh on 17th November 2022. Over 80 students benefited from the session.

# **ATMA RCHD**

Total of 9 children were rescued this month, who were victims of child sexual abuse, unsafe migration, trafficking etc.

# **NUTRITION KITS**

ATMA Foundation volunteer's Sangeetha and Sruthy visited and distributed 891 Nutrition kits to 45 old age homes in Thrissur District.

# **Support Us!** Donate. Volunteer. Spread the Word.



## **Happier Living with Healthier Relationships**



Surya Gardens, Paliyam Rd, Thrissur, Kerala - 680001



info@atmafoundation.org



www.atmafoundation.org

#### **Connect with us**









