



HARMONY

The Official Newsletter of ATMA Foundation

...Happy Living with Healthy Relationships...

ANNUAL FUNDRAISING CAMPAIGN



ATMA Foundation is participating in #GFC2023, the Give Fundraising Challenge on the Give.do platform. This is our Annual Fundraising Event, where we mobilise resources for our projects for the coming year. The donations raised till 30th March will bring us an additional 20% as matching grant from Give.do!

We seek the support of all our well-wishers to make this campaign a success..

Do contribute.

You can also start your own fundraiser for ATMA and help raise maximum support from your friends and family!

Click this link to donate:

<https://give.do/nonprofits/atma-foundation>



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FOUNDER'S MESSAGE

Blessed Self, Salutations !!

We are always grateful to you for the support and blessings that you have been giving to ATMA all these years. Our dedicated team of Volunteers is always working sincerely to assist our less privileged fellow beings to make their lives better.



Counting our own Blessings and sharing its virtues with our fellow beings, at ATMA, is a way of expression of our gratitude.. with the Divine Grace we are moving forward!!

This February and March we wholeheartedly work to mobilise resources to meet the future needs. Our volunteers have started fundraisers on GIVE.DO- a crowd finding platform- and have started campaigning. I request your support and participation in the same..

DOANTE and inspire people to DONATE! Your support can really do wonders...

Introduce ATMA to people you know.. Community work needs community resources and involvement...

YOU can really help ATMA Now..

Looking forward..

Love

C K Suresh

LIVING IN HARMONY



ATMA organised a five-day “Living in Harmony” talk series. The sessions were conducted By Sri C K Suresh, Director, ATMA, at Pisharody Samajam Hall, Udayanagar, Ayyanthole. During this talk series, distinguished dignitaries Dr. Athira.V, Shri. Ramachandran Changarath, Shri. Prasanth, Shri. Jayachandran, and Shri. Ramachandran Pisharody were the guests of honour on successive days.

LIVING IN HARMONY



ATMA KALAKSHETRAM



On January 26, 2023, ATMA Kalakshetram hosted "Sruthilaya Sayahnam," a musical performance for the general public at Pisharody Samajam Hall in Udaya Nagar, Ayyanthole. The programme involved a live orchestra performance by Prof Dr T Unnikrishnan, Former Dean at the Indira Music University, Chattisgarh. He took the audience through a melodious journey of old hindi and malayalam songs. He also gave simple tips on voice modulation and voice culture for aspiring musicians. Sri Ratheesh Vegha, noted Music Director, inaugurated the programme.



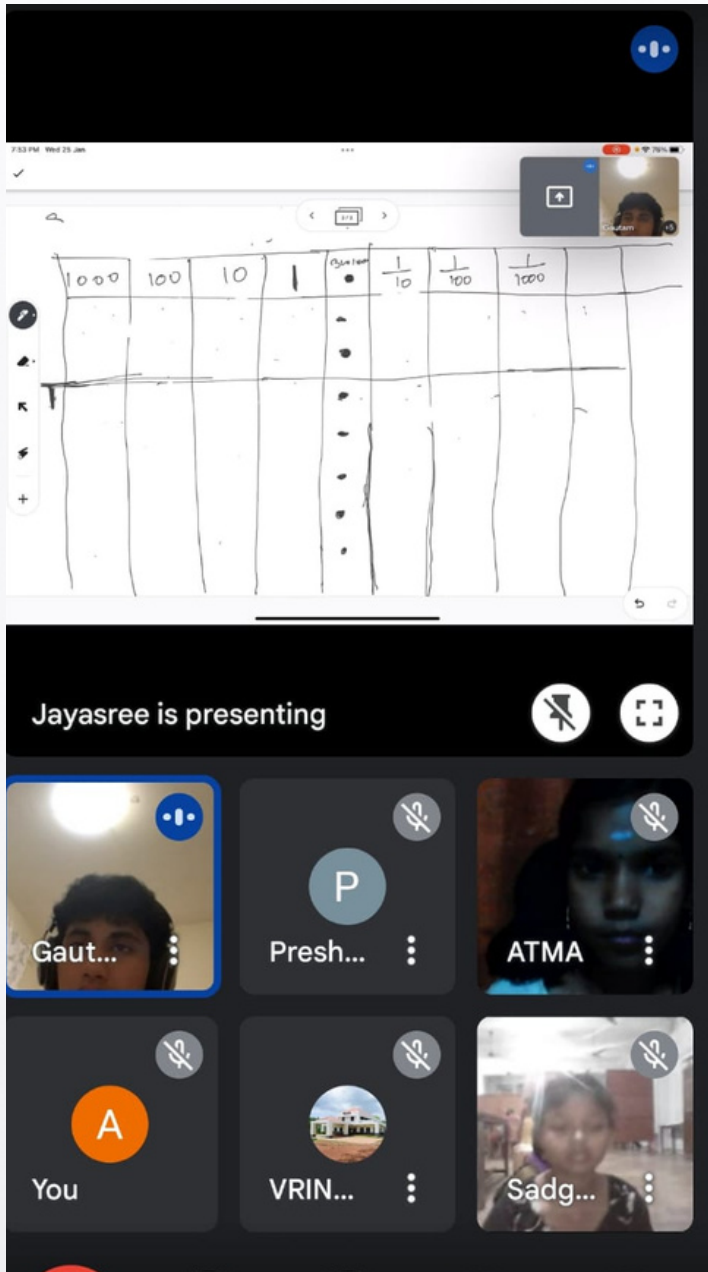


Under the auspices of ATMA Digital and Financial Empowerment Centre (DAFEC), financial-digital literacy training programmes were conducted to promote awareness about financial frauds and the precautions to be taken against the same.



In January 2023, the classes were conducted in Cherpu Block Panchayat. The lesson was held for Anganwadi assistant teachers on January 17, 2023, and for Anganwadi teachers on January 18, 2023. More Classes were held in Ward 7 Vallissery and Ward 1 Vallachira on January 24, 2023.

ATMA UYARE



There were 85 sessions held in the month of January. Teachers are giving much-needed support and motivation for the students for their approaching board examinations and have begun to provide them exam-focused lessons. Special sessions in spoken English are also being conducted.

On January 12th Wednesday, 21 students from Sreenarayana Guru college of Arts & Science, Kothamangalam who are doing their masters in Social Work, visited ATMA Foundation along with their teachers. They interacted with Sri. C.K. Suresh, Director, ATMA Foundation. The purpose of their visit is to learn about the projects of ATMA Foundation, to understand the element of professionalism in social work and the role of social workers in NGOs.

ATMA GURUKULAM

The UG students of ATMA Gurukulam have passed their semester exams with commendable results.

Additionally, Music, Dance and tuition classes were duly conducted for the Gurukulam girls this month.



In January, two domestic violence cases were referred by women protection officer and the necessary legal support was given.

As part of SPC, we arranged two awareness sessions on "The Protection of Women from Domestic Violence Act." For these sessions, we selected a group of individuals who are working closely in the community, including Anganwadi teachers and those who are employed in Cherpu Block Panchayath. Under the supervision of CDPO Gretta Kurien, 97 Anganwadis are working under Cherpu block panchayath.



On January 17, Adv. Gayathri T. D. took a class for Anganwadi helpers and another class was taken for Anganwadi teachers on 18th January in the Cherpu block panchayath hall

Support Us!
Donate.
Fundraise.
Spread the Word.

<https://give.do/nonprofits/atma-foundation>



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