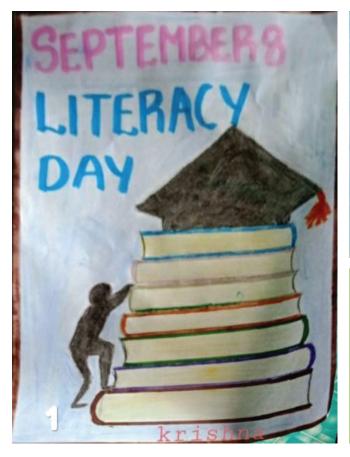
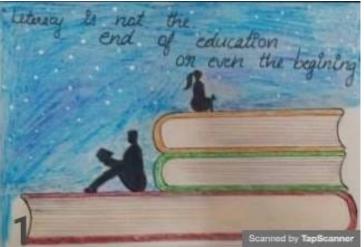


HARMONY

Happy Living with Healthy Relationships

The official newsletter of ATMA Foundation





Congratulations to all the winners and participants of the Uyare Poster making Competition on World Literacy Day!

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Founder's Message

Hai all.. Salutations!

What we believe, what we think or how we feel has no real worth for others when compared with what we actually do... In social service, Real Contribution alone matters... When we can and when others need, what we wilfully do should be the essence of Volunteering... When ATMA adopted the call of 'Volunteering Transformation', this was the intent... Together we can do I invite you to be with us. Volunteer with ATMA..



Love, C K suresh

ATMA Gurukulam

Four of our senior girls from ATMA Gurukulam, Chinchina, Athira, Sandra and Laya have taken admission for degree programmes at Vimala College, Thrissur. All the best, girls! Expecting more achievements from you!!



ATMA RCHD

- •12 children were rescued in September by the ATMA Railway Child Help Desk at the Thrissur railay Station.
- The RCHD team reached out to 140 children to increase their awareness about Child Rights and Child Support Systems including Childline and RCHD

Special Programmes:

- •Sensitisation programme for parents on "stress management of children"-24th September Faculty: Dr. Indu S Menon, Clinical Psychologist.
- Open House with participation of 35 children of Division 27 - 26th September. Inauguration: Smt Rajasree Gopan, Hon Deputy Mayor of Thrissur inaugurated the program, and Mrs. Syamala Venugopal
- Training for GRP personnel on the topic "CHILDLINE and Allied systems" 29th September.





ATMA Uyare

- •60 sessions in maths, english, science, social science, malayalam and hindi.
- Career Guidance given for 3 Uyare participants by Sri C K Suresh helped them to plan their higher education.



- Value Education Session on 'Tolerance' conducted on 20th September.
- •Poster making competition for Uyare participants on World Literacy Day (8th September). Ms Abhirami of Sevabharathi, Kozhikode, and Ms Krishna of Souparnika Balikasadanam, Potta were the winners in the High School and UP sections respectively. Congratulations to all the winners and participants!!





Attorney, San Diego.



Mr. Nirmal G. Menon MS MBA. IT Professional. New York



Dr. Meera N. Menon, MD FACS General Surgeon (Specialised in Paediatrics), New York.



https://meet.google.com/tcg-nkpw-bkr

ATMA FCC & CADC

The ATMA Family Counselling Centre and ATMA Child & Adolescent Development Centre have been providing online support to those in need. Now, both the centrs have started functioning offline, and families and children have started utilising the services. To book a session, contact: +91-487-2325232, +91-8330010040

ATMA Kalakshetram

Bharatanatyam Classes by Kalakshetra Raghi Satheesh have been regularly going on in the online mode. In September, there were 24 sessions, with 42 students attending.



ATMA Foundation Volunteering Transformation

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Be an atma Volunteer!

If you would like to join us in this joyous journey of service, you are WELCOME!

Connect with us!









