Volume - 3 | Issue - 2 | February 2023



# HARMONY

The Official Newsletter of ATMA Foundation .... Happy Living with Healthy Relationships...

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#### ATMA ANNUAL FUNDRAISING CAMPAIGN



## Only 2 weeks left! **Donate NOW!**

## Click this link to donate: https://give.do/nonprofits/atmafoundation

ATMA Foundation is participating in #GFC2023, the Give Fundraising Challenge on the Give.do platform. This is our Annual Fundraising Event, where mobilise resources for our projects for the coming year. The donations raised till 30th March will bring us an additional 20% as matching grant from Give.do!

We seek the support of all our well-wishers to make this campaign a success.. Do contribute.

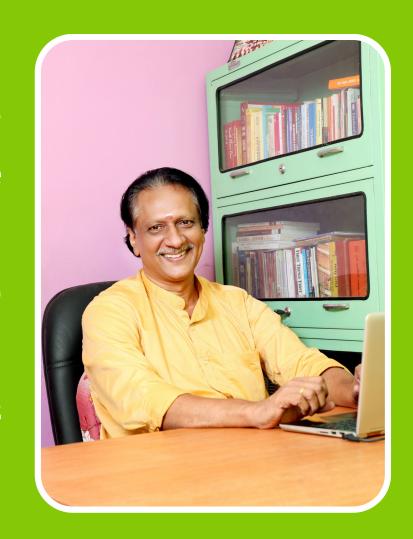
You can also start your own fundraiser for ATMA and help raise maximum support from your friends and family!

Click this link to donate:

https://give.do/nonprofits/atma-foundation

#### **FOUNDER'S MESSAGE**

Blessed Self, Salutations!! In February, we could do some good programmes as part of the ATMA DAFEC project. We could organise an expert discussion to create awareness about financial frauds. Our 'smart bus', which is a mobile classroom, has started going to rural areas, providing



sessions on financial empowerment. ATMA DAFEC sessions have started gaining notice and appreciation in many quarters.

The ATMA SPC has also started helping women victims of domestic violence, and awareness campaigns have started in earnest, appraising women of their support systems.

The Give.do fundraising campaign has started off, but is yet to gain full momentum. A humble request to all our well-wishers to make the best use of this opportunity - not only to mobilise resources, but also to spread word about the work that ATMA is doing. Do share the fundraising campaigns with people you know, and inspire them to contribute! And make your donation at the earliest if not already done!Together, let us prepare for more service activities ...

Love

C K Suresh

#### **ATMA DAFEC**

ATMA Digital and Financial Empowerment Centre (DAFEC) conducted an expert discussion on the topic, "Financial Frauds-Kerala Model" on 11 th February 2023. The programme, held at Press club Hall, Thrissur was inaugurated by Smt Radhika, President, Press Club, Thrissur and presided over by Sri C K Suresh, Director, ATMA Foundation.



The discussions were led by Dr. M. Mohandas (Former Dean, Kerala Agriculture University), Prof. Dr. V K Vijayakumar (Expert Economist) Mr. Feesto.T.D (Sub Inspector- Kerala Police & Cyber Cell Officer), Adv. A .D. Benny (Chairman, Consumer Protection Committe) and Mr.David Kannanaikal (President, All India Chitti Foreman's Association).

The discussions gave the auidence a deep insight into the various types of financial frauds that are commonly taking place now, and the precautions that the common man can adopt to avoid falling into these traps.

Eleven training programmes on Financial and Digital Literacy were conducted in February 2023 in different wards of Cherpu and Chavakkad Block Panchayaths.





#### **ATMA GURUKULAM**

Sreelakshmi P R, our senior 'child' of ATMA Gurukulam, has got admission for doing PhD in Social Work at the Central University of Kerala. Congratulations to Sreelakshmi and wishing her the very best as she starts another successful chapter of her life! She has once more proved that our Gurukulam girls excel.

Saranya, who is pursuing her bachelors in Physical Education from Christ College, Irinjalakuda participated in Calicut University Gymnastics Competition and her team bagged second position in women's category.

With the SSLC examinations nearing, special tuition facility was arranged at the ATMA office for our 10th standard children. Children attended Uyare tuition classes, music classes and value education classes as well.

The members of the Child Welfare Committee, Thrissur, visited ATMA Gurukulam and interacted with the children.

#### **ATMA UYARE**

There were 97 sessions held in February. For students approaching board examinations, the teachers are giving support and motivation and providing them exam-focused lessons. Special courses in spoken English, and English classes for Degree students have begun in February.

#### **ATMA SPC**



In February, the ATMA SPC has attended 2 cases and also got protection order from court for 2 cases. As a part of SPC activity, classes on Protection of Women from Domestic Violence Act were conducted at Pallissery Mahila Samajam Anganwadi centre and Harisree Anganwadi centre, both in Avinissery Panchayath. Over 160 women attended these sessions.

#### **ATMA Railway Child Help Desk**



11 cases were reported in February. A Capacity Building Programme and a Child Help group meeting were also conducted

### **Support Us!**

Donate.

Fundraise.

Spread the Word.

## **Click this link to donate:** https://give.do/nonprofits/atma**foundation**



Surya Gardens, Paliyam Rd, Thrissur, Kerala - 680001



info@atmafoundation.org



www.atmafoundation.org









