



**ATMAFoundation**

Regd Charitable Trust: 397/IV/06  
NITI Aayog Regn No: KL/2009/0007103

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## **ATMA FOUNDATION Organisation Profile**

ATMA Foundation is a Voluntary Organisation committed to empowering individuals and families to lead happier lives with healthier relationships, and to bring positive change in the community. Over the years, we have organized over **1925 programmes**, directly impacting over **335,000 families** (May 2006 – March 2022).

### **VISION**

Creative intervention for social transformation through effective empowerment and productive compassion.

### **MISSION**

Empowering individuals, families and social groups to lead happier lives with healthier relationships and serve less privileged fellow beings with love, by fostering intrapersonal and interpersonal harmony.

### **PHILOSOPHY : *Living in Harmony***

Living in Harmony (LIH) is a practical philosophy of intrapersonal and interpersonal integration for Happy Living with Healthy Relationships. Conceived and developed by ATMA Founder Director C K Suresh, LIH forms the basis of all ATMA initiatives.

### **AREAS OF ENGAGEMENT**

**ATMA Foundation has projects, campaigns and programmes in different thematic areas, including –**

- Child Protection
- Education
- Empowerment
- Family & Relationships
- Health & Wellness
- Art & Culture
- Digital & Financial Literacy
- Disaster Relief & Rehabilitation

Through various need-based and innovative initiatives, we reach out to different social groups, including

- Children
- Women
- Senior Citizens
- Adolescents
- Youth
- Families
- Helping professionals ...etc

### **ONGOING PROJECTS**

- ATMA Gurukulam:** Residential Care Home for homeless girls, with special focus on their education & overall development. (Reg No. 122/ JJ Act, Reg No: 2289/ Board of Control for Orphanages, Kerala)
- ATMA Uyare** – Learning support to underprivileged children across Kerala living in Child Care Institutions or with their parents.
- ATMA Railway Child Help Desk** – at Thrissur Railway Station, in collaboration with Childline, as per SOP of Ministry of Railways & Ministry of Women & Child Devpt, Govt of India
- ATMA CADC** – Child & Adolescent Development Centre – A one-stop centre for children & adolescents who need Counselling & Remediation – integrating the professional expertise of psychiatrist, psychologist, counselor, LD remediator, Yoga Trainer, etc.
- ATMA FCC** - Family Counselling Centre
- ATMA Yoga Peethom** - Yoga Therapy & Training centre
- ATMA Kalakshetram:** Promoting art as culture for happy living
- ATMA Digital & Financial Empowerment Centre** - to promote financial and digital literacy among the rural population, especially women and children, to accelerate financial inclusion and enable economic participation.
- ATMA Research & Development Centre-** for actionable research into social & psycho-social issues
- ATMA Gokulam** – Taking care of cows as a culture of compassion

### **MAJOR CAMPAIGNS**

- Living in Harmony** - 3 to 5 day public seminar series for happy living with healthier relationships
- WE CARE** - Social awareness campaigns about issues rights, issues and empowerment of women, children and senior citizens.
- Saha Dharmam Chara** – Premarital Training & Post Marital Guidance Workshops
- Problems to Possibilities-** Seminar series to empower adolescents to harness their possibilities to overcome problems of their age – workshops and camps for students, parents, teachers.

## **SERVICES OFFERED**

We reach out to the public through our regular services, which can be availed by anyone in need. Most of these services are now available online also.

- Guidance & Counselling
- Learning Disability Remediation
- Yoga Classes
- Dance & Music Classes
- Digital & Financial Literacy Sessions
- Training Programmes

## **REGISTRATIONS**

No	Details	Issued by (Dept/Orgn)	Reg No
1	Registration of Trust Deed	Sub Registrar, Thrissur	Reg No: 397/IV/06
2	NGO Registration	NITI Ayog	KL/2009/0007103
3	FCRA Registration	Ministry of Home Affairs, Govt of India	052900377, dated 03.11.2016
4	CSR Registration	Ministry of Corporate Affairs, Govt of India	CSR00000969, dt 07.04.2021
5	Registration u/s 12AA	Income Tax Dept	AADTA2673CE20165
6	Registration u/s 80 G	Income Tax Dept	AADTA2673CF20155
7	PAN No	Income Tax Dept	AADTA2673C
8	Registration for ATMA Gurukulam	Juvenile Justice (Care & Protection of Children) Act 2015	122/2017
10	Registration for ATMA Gurukulam	Board of Control for Orphanages and Other Charitable Homes, Kerala	Reg No: 2289 Dt:03/09/2014
11	ATMA Foundation (ATMA Kalakshetram)	Kerala Sangeetha Nataka Akademi	155/PFLK/2016

## **WEBSITE**

[www.atmafoundation.org](http://www.atmafoundation.org)