



## ATMA Foundation

Regd Charitable Trust: 397/IV/06  
NITI Aayog Regn No: KL/2009/0007103

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### ORGANISATION PROFILE

ATMA Foundation is a Voluntary Organisation committed to empowering individuals and families to lead happier lives with healthier relationships, and to bring positive change in the community. Over the years, we have organized over 1648 **programmes**, directly impacting over **287,000 families** (2006 – 20).

#### VISION

Creative intervention for social transformation through effective empowerment and productive compassion.

#### MISSION

Empowering individuals, families and social groups to lead happier lives with healthier relationships and serve less privileged fellow beings with love, by fostering intrapersonal and interpersonal harmony.

#### PHILOSOPHY : *Living in Harmony*

Living in Harmony (LIH) is a practical philosophy of intrapersonal and interpersonal integration for Happy Living with Healthy Relationships. Conceived and developed by ATMA Founder Director C K Suresh, LIH forms the basis of all ATMA initiatives.

#### AREAS OF ENGAGEMENT

ATMA Foundation has projects, campaigns and programmes in different thematic areas, including –

- Child Protection
- Education
- Empowerment
- Family & Relationships
- Health & Wellness
- Art & Culture
- Digital & Financial Literacy
- Disaster Relief & Rehabilitation

Through various need-based and innovative initiatives, we reach out to different social groups, including **Children, Women, Senior Citizens, Adolescents, Youth, Families, Helping professionals, etc.**



## **ONGOING PROJECTS**

- i) **ATMA Gurukulam:** Residential Care Home for homeless girls, with special focus on their education & overall development. (Reg No. 122/ JJ Act, Reg No: 2289/ Board of Control for Orphanages, Kerala)
- ii) **Railway Child Help Desk** – at Thrissur Railway Station, in collaboration with Childline, as per SOP of Ministry of Railways & Ministry of Women & Child Devpt, Govt of India
- iii) **ATMA CADC** – Child & Adolescent Development Centre – A one-stop centre for children & adolescents who need Counselling & Remediation – integrating the professional expertise of psychiatrist, psychologist, counselor, LD remediator, Yoga Trainer, etc.
- iv) **ATMA FCC** - Family Counselling Centre
- v) **ATMA Yoga Peethom** - Yoga Therapy & Training centre
- vi) **ATMA Kalakshetram:** Promoting art as culture for happy living
- vii) **ATMA Digital & Financial Empowerment Centre** - to promote financial and digital literacy among the rural population, especially women and children, to accelerate financial inclusion and enable economic participation.
- viii) **ATMA Research & Development Centre-** for actionable research into social & psycho-social issues
- ix) **ATMA Gokulam** – Taking care of cows as a culture of compassion
- x) **ATMA Uyare** – Learning support to children in Child Care Institutions across Kerala

## **MAJOR CAMPAIGNS**

- i) **Living in Harmony** - 3 to 5 day public seminar series for happy living with healthier relationships
- ii) **WE CARE** - Social awareness campaigns about issues rights, issues and empowerment of women, children and senior citizens.
- iii) **SahaDharmamChara** – Premarital Training & Post Marital Guidance Workshops
- iv) **Problems to Possibilities-** Seminar series to empower adolescents to harness their possibilities to overcome problems of their age – workshops and camps for students, parents, teachers.

## **SERVICES OFFERED**

**We reach out to the public through our regular services, which can be availed by anyone in need. Most of these services are now available online also.**

- Guidance & Counselling
- Learning Disability Remediation
- Yoga Classes
- Dance & Music Classes
- Digital & Financial Literacy Sessions
- Training Programmes



## REGISTRATIONS

No	Details	Issued by (Dept/Orgn)	Reg No
1	Registration of Trust Deed	Sub Registrar, Thrissur	Reg No: 397/IV/06
2	NGO Registration	NITI Ayog	KL/2009/0007103
3	FCRA Registration	Ministry of Home Affairs, Govt of India	052900377, dated 03.11.2016
4	Registration u/s 80 G	Income Tax Dept	AADTA 2673 C/09/15-16 /T – 0009/80G Dt: 28.05.2015
5	Registration u/s 12AA	Income Tax Dept	CIT (Exemption), Kochi/12AA/2019-20/A/10165
6	PAN No	Income Tax Dept	AADTA2673C
7	Registration for ATMA Gurukulam	Juvenile Justice (Care & Protection of Children) Act 2015	122/2017
8	Registration for ATMA Gurukulam	Board of Control for Orphanages and Other Charitable Homes, Kerala	Reg No: 2289 Dt:03/09/2014
10	Professional Art Troupe Recognition for ATMA Foundation Kalakshetram	Kerala Sangeetha Nataka Akademi	155/PFLK/2016
11	CII CSR Gateway	Profile Registered	